

# The Green Heart Tour

5 days, € 530



## Introduction



The Green Heart is a rural area surrounded by the big cities of Amsterdam, Rotterdam, The Hague and Utrecht. Today, here is where you'll find the picture book Holland of old: low-lying peat meadows with grazing cattle; vast polders under beautiful skies; lakes, streams and rivers; and pretty villages with monumental farmhouses. You will also stop at a number of attractive towns, including "cheese town" Gouda. The terrain on this cycle tour is flat all the way. As on all our carefree cycle tours, we provide luggage transport and excellent accommodation.

## Day to Day

### Day 1 **Arrival in Utrecht/Bunnik**

Arrival in Utrecht.

For availability reasons it's possible you will stay in Bunnik instead of Utrecht.

### Day 2 **Utrecht/Bunnik - Amsterdam**

**63 km**

You will cycle to Amsterdam on the banks of the lovely little River Vecht. Characteristic for this area are the many stately homes and garden pavilions built by rich Amsterdam merchants in the 17th and 18th Centuries. At the end of the day, Amsterdam welcomes you with its 165 romantic inner-city canals, 1281 bridges and more than 600,000 bikes. Amsterdam is a city for exploring. There is so much to see and do, whether you like art, culture, an evening out or just looking around and taking in the spirit of the city. A canal boat tour gives you a better look at the lovely canal houses.

### Day 3 **Amsterdam - Gouda/Bodegraven**

**79 km**

Today is the day you cross the rural Green Heart. On the way, you will come across characteristic old Dutch towns and villages. As you wander around Gouda at the end of the day, don't miss the Gothic town hall (1450); the Weighing House (1667); the romantic inner city canals and the stained glass windows in St. John's Church. If possible, plan your trip so that you can witness the traditional Thursday morning cheese market at the start of Day 4. Gouda is also famous for making candles and syrup waffles (try one hot!).



Day 4 **Gouda/Bodegraven - Utrecht/Bunnik**

**50 km**

The landscape of rivers, polders, lakes, woods, parks and marshy fens makes for a wonderful bike trip. You will see stately homes and castles along the way. You pass through the capital of the Green Heart: Woerden. A picturesque fortified town with its cheese warehouses and farmers' markets. The lively centre of the big city of Utrecht will draw you to its peaceful inner city canals and characteristic wharves, unique to Utrecht. Explore the pretty Museum Quarter, or go (window) shopping on some of the quieter shopping streets.

Day 5 **Return Home**

After breakfast in your hotel, you will return home.



## Prices, Data, Booking

### Starting dates:

Daily from April 1 till September 26.

Please note: a minimum stay of 2 nights in a row is required in the hotel in Amsterdam on the following dates (and a higher price will be charged):

April 18-20 2025

April 25-26 2025

May 29-31 2025

June 6-8 2025

June 21-22 2025

June 24-25 2025

August 29-31 2025

Price pp		€
Double room, breakfast		525.00
Single room, breakfast		785.00
Extra night double room, breakfast only		80.00
Upgrades pp/night		€
Hotel Mitland, Utrecht		40.00
Relais & Châteaux Weeshuis Gouda, Gouda		100.00
Westcord Art Hotel, Amsterdam		10.00
Surcharge per person		€
Stay in Amsterdam on Saturday		25.00
Stay in Amsterdam from: 29/08/2025 - 31/08/2025		40.00
Rental bike		€
Child bike		44.00
Hybrid		52.00
E-bike		112.00
Extra services		€
Bike Breakdown pass	€ 4.00 x 4	16.00
Child seat	€ 5.00 x 4	20.00
Bike theft insurance	€ 3.00 x 4	12.00
E-bike theft insurance	€ 6.00 x 4	24.00
Extra luggage	€ 5.00 x 4	20.00
Tag-along bike	€ 10.00 x 4	40.00
Child trailer	€ 18.00 x 4	72.00
Bike helmet	per piece	10.00
SGR	per piece	5.00
discount	per piece	-20.00

### Starting point:

Utrecht, Bunnik or Amsterdam



## Accommodation

The hotels or B&Bs on this trip have been carefully selected for their location, atmosphere and/or unique services. All rooms are en-suite. A list of the hotels we work with appears below. If a certain accommodation is unable to confirm due to lack of availability, we will request a comparable alternative. When selecting the accommodation, we try to take into account as much as possible a safe and closed bicycle shed. However, we cannot do this with all of them guarantee and this partly depends on the number of bicycles of other guests.



### **Hotel Mitland \*\*\*\* (Utrecht)**

[www.mitland.nl](http://www.mitland.nl)



### **Westcord Art Hotel \*\*\*/\*\*\*\* (Amsterdam)**

[www.westcordhotels.nl/art-hotel-amsterdam-3-stars](http://www.westcordhotels.nl/art-hotel-amsterdam-3-stars)



### **City Hotel Gouda \*\*\*\* (Gouda)**

[www.cityhotelgouda.com](http://www.cityhotelgouda.com)



## Practical Info



4 Nights included



3/4 Star Hotels



Breakfast included



Detailed roadbooks with maps and tourist information



The possibility of renting our bikes



7-days a week service-hotline



Luggage transport to your next hotel



Utrecht Central station. For more information:  
[ns.nl/reisplannen](https://ns.nl/reisplannen)



Parking possibilities at the hotel



Any ferry crossings are not included

## Arrival info



Nearest Airport is Amsterdam Airport Schiphol (AMS)



The train from Schiphol to Utrecht departs 4 times per hour. Travel time is about 30 minutes. A single ticket costs approx €10- per person excl. bicycle.

For timetables and tickets, go to [www.ns.nl/en](https://www.ns.nl/en). For bus details, how to reach the hotel, check: <https://9292.nl/en>.

